

Systemic and Cybernetic Approach to The Diagnosis and Treatment of Chronic Pain

Pain in general, and chronic pain in particular, is still conceived as a universal experience and an invariant narrative, which is reflected in the definition made by the International Association for the Study of Pain as "an unpleasant sensory and emotional experience associated with actual or potential tissue injury", which is oriented towards thinking of pain as a localizable object and reducible in its complexity as a systemic relational process. It is for this reason that diagnosis and treatment based on the Biopsychosocial Psychosocial Model (BPSM) result in a fragmented multidisciplinary process, with low cohesion, insufficient coordination, and poor communication.

This special issue invites us to think of a transdisciplinary approach by proposing pain as a complex cybernetic systemic process, which accounts for the relationships between physical, cognitive, and emotional aspects in the unity of the patient-environment-medical team network.



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